

Statistics Report 14421, Beverages, coffee substitute, cereal grain beverage, powder, prepared with whole milk

Report Date: December 03, 2015 11:31 EST

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	87.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Energy	kcal	65	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Energy	kJ	272	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2014
Protein	g	3.30	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Total lipid (fat)	g	3.30	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Ash	g	0.80	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Carbohydrate, by difference	g	5.60	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/1986
Fiber, total dietary	g	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/1996
Minerals													
Calcium, Ca	mg	119	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Iron, Fe	mg	0.11	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Magnesium, Mg	mg	16	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P	mg	99	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Potassium, K	mg	172	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Sodium, Na	mg	49	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Zinc, Zn	mg	0.38	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Copper, Cu	mg	0.012	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Manganese, Mn	mg	0.016	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Selenium, Se	µg	5.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamins													
Vitamin C, total ascorbic acid	mg	0.9	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Thiamin	mg	0.038	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Riboflavin	mg	0.161	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Niacin	mg	0.293	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Pantothenic acid	mg	0.310	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Vitamin B-6	mg	0.042	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, total	µg	5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2001
Folate, food	µg	5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Folate, DFE	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2002
Vitamin B-12	µg	0.35	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Vitamin A, RAE	µg	28	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2002
Retinol	µg	28	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2002
Vitamin A, IU	IU	124	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Lipids													
Fatty acids, total saturated	g	2.061	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
4:0	g	0.107	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
6:0	g	0.063	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
8:0	g	0.037	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
10:0	g	0.083	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
12:0	g	0.093	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
14:0	g	0.332	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
16:0	g	0.875	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:0	g	0.400	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total monounsaturated	g	0.958	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
16:1 undifferentiated	g	0.074	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:1 undifferentiated	g	0.834	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Fatty acids, total polyunsaturated	g	0.144	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:2 undifferentiated	g	0.093	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
18:3 undifferentiated	g	0.051	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Cholesterol	mg	13	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Amino Acids													
Tryptophan	g	0.046	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Threonine	g	0.150	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Isoleucine	g	0.199	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

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Leucine	g	0.323	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Lysine	g	0.260	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Methionine	g	0.083	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Cystine	g	0.031	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Phenylalanine	g	0.160	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Tyrosine	g	0.159	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Valine	g	0.221	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Arginine	g	0.121	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Histidine	g	0.089	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Alanine	g	0.115	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Aspartic acid	g	0.251	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Glutamic acid	g	0.695	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Glycine	g	0.072	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986

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Proline	g	0.322	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Serine	g	0.180	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986
Other													
Caffeine	mg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	05/1986